



# Mercer Dental Society

FEBRUARY 2020

[www.mercerdentalsociety.com](http://www.mercerdentalsociety.com)



## PRESIDENT'S MESSAGE



Happy New Year! I hope everyone had a wonderful holiday season and had some time to rejuvenate. As we enter the new year, I'd like to welcome new and returning members. We have a wonderful line up of CE for the 2020 year. The Board and I have been working diligently to make this year as beneficial to you the member as possible.

Thanks to your feedback as members, we are in the process of having our lectures accredited by the ADA CERP and AGD to earn CEU's from both organizations. We appreciate your feedback to help us improve our meetings.

The Ribbon Cutting Ceremony was the first celebratory event to kick off the 150th anniversary of NJDA and it was held on January 15, 2020. It was the official grand re-opening of the NJDA Headquarters. Many dentists attended to see the newly renovated facility. As of the end of 2019, we had \$432,000 pledged for the Building for our future campaign. We are so thankful for all those members and groups that have contributed.

Our next meeting will be held on Tuesday March 24, 2020. Please join us to hear Dr. Thomas Viola give his informative and engaging lecture on "Management of Dental Pain and Appropriate Opioid Prescribing Practices". The location will be the Stone Terrace and the dinner menu will be changed to an elegant dinner buffet. We will alternate the dinner menu at every meeting.

Again, wishing you a happy and healthy prosperous new year. Hope to see you all soon.

Sincerely,

Dana M. DiGerolamo, DMD, MBE  
President, Mercer Dental Society

Keep updated about MDS meetings and events, follow Mercer Dental Society on





**Congratulations!!**  
**Dr. Stephen Hudis, DDS, FACP**  
inducted as  
**President, The American College of**  
**Prosthodontists**

Princeton Restorative & Implant Dentistry practice owner Stephen I. Hudis, DDS, FACP was inducted as President of the American College of Prosthodontists on November 1, 2019 in Miami, Florida. Dr. Hudis will continue to lead the American College of Prosthodontists with their mission to empower member success, promote education, research, and clinical practice of prosthodontics, and drive continuous improvement in the restoration of teeth and orofacial structures to enhance oral health outcomes.

Dr. Hudis is currently a Prosthodontist practicing in Princeton since 1994. Dr. Hudis is a diplomate of the American College of Prosthodontics. Additionally, Dr. Hudis is an assistant clinical professor at the University of Pennsylvania School of Dental Medicine teaching in the Postgraduate department of Periodontal-Prosthodontics and Post Graduate Prosthodontics.

## **NJDA BUILDING CAMPAIGN**



**Dr. Sid Whitman**

The newly renovated NJDA building is more modern and spacious with improved technology. The more effective use of space allows for a great number of members and visitors to be able to attend events. We anticipate the increased meeting space can be used to generate more non dues revenue which will save membership money.

The campaign goal is \$750,000 as of the end of the year \$432,000 has been pledged. Strong support from you will help to insure the sustainability of our organization. Our goal is 100% support from our full membership.

A sincere thank you to all those individuals and groups that have already made a pledge.

**Tuesday, March 24<sup>th</sup>, 2020**

**6:30 PM TO 9:30 PM**

**STONE TERRACE 2275 Kuser Rd, Hamilton, NJ 08610**



## ***“Hurts So Good!”***

**Appropriate Dental Pain Management, The Opioid Crisis, and Impact on the Dental Community**

### Course Description

Management of acute dental pain is accomplished through a clinical approach that successfully incorporates opioid and non-opioid analgesics. However, this normally occurs outside the dental office, away from our immediate supervision and we are often faced with the difficult task of managing patient pain while also avoiding adverse outcomes for both our patient and our communities. Thus, it is critical for clinicians to accurately identify the need for pain control, individualize patient care and assess the efficacy of the analgesic agents to be administered.

This program will provide an overview of the effective management of acute dental pain. Using case scenarios, special emphasis will be given to appropriate utilization of opioid analgesics and their impact on the dental community.

### Learning Objectives

Upon successful completion of this program, participants will be able to:

- Describe the pharmacology and mechanism of action of opioid and non-opioid analgesics, as well as their potential for abuse.
- Identify the intended role of opioid and non-opioid analgesics in the treatment of acute dental pain.
- Describe strategies useful in developing a pain management plan that is individualized for a patient's needs and medical conditions.
- Discuss appropriate prescribing practices for opioid analgesics in everyday clinical situations.
- Explain the impact of the use of opioid analgesics on the dental community.



Thomas Viola, the founder of “Pharmacology Declassified”, is a board certified pharmacist who also serves the professions of dentistry as a clinical educator, professional speaker and published author. Tom is a member of the faculty of ten dental professional degree programs and has received several awards for outstanding teacher of the year. Tom has presented hundreds of continuing education courses to dental professionals, nationally & internationally in the areas of oral pharmacology and local anesthesia.

**Members: All Meetings & Dinners are Complimentary**

**Non Members: First Meeting is Complimentary after that \$55**

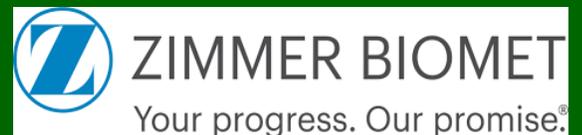
To register and pay online: Please visit <https://www.mercerdentalsociety.com/> and click on the Mercer Dental Society Calendar tab



Email: Jolanta Matusiak-Gora, Executive Secretary, MDS [execsec.mds@gmail.com](mailto:execsec.mds@gmail.com)

Mail Checks To: Jolanta Matusiak-Gora, Executive Secretary, MDS  
Prosthodontics of Princeton, PC, 601 Ewing St, Suite B-4  
Princeton, NJ 08540

## **Mercer Dental Society Sponsors**



## Board Of Trustees, 1/15/2020

The official ribbon cutting ceremony started off the 150<sup>th</sup> anniversary year of NJDA and coincided with the reveal of the newly renovated Association building. This was prior to the Board meeting and Walter Chinoy, past Speaker and disabled from a CVA several years ago, did the honors of cutting the ribbon for the wheelchair ramp as we are now ADA (Americans with Disabilities Act) compliant.

In celebration of our achievement, we were honored to have present and speak prior to the BOT meeting: Dr. Chad Gehari, President of the ADA, Dr. Darwin Hayes, NJ Dental Director and Dr. Cecile Feldman, Dean of Rutgers School of Dental Medicine.

### **BUSINESS:**

A \$42,000 SPA grant was once again received to be used for public good and education

The Governor vetoes \$250,000 bill requesting monies for special needs patients at Rutgers suggesting that proper channels were not followed.

A recently added member benefit is the online workshops from NJDA on various subjects. They last fifteen minutes and are live. They are around lunch time and the presentation days are varied. They are of very interesting subjects and easily listened to while multi-tasking. I suggest going to the NJDA website where there are volumes of other valuable information too. While on the website look for the May Dental Marketplace that I was asked to promote. Again, a benefit and another reason to visit.

Some of the proposed changes to the State Board of Dentistry regulations on CE requirements that were posted for review in November are reviewed below. Included are those that the BOT has requested Mr. Meisel to make comments on to the State Board. As it stands, there will be ten required CE credits in the list below in the two year requirement for licensure. The Board is requesting a decrease to nine required CE credits.

### **\*Signifying suggested consideration for alteration by the State Board of Dentistry:**

CE for CPR.

CE for Professional ethics.

\*Revise and revisit the agreed upon proposal requiring the names of the licensees who are "responsible for administration" must be displayed since there are facilities at which exterior signs or such are prohibited.

CE for Infectious Disease training.

\*Three CE are Pharmacology/Internal Medicine and one CE Opioid education – NJDA is suggesting combining the requirement with both subjects included as they can go hand in hand in a lecture.

\*Rather than removing personal health as being accepted as CE credit, maintain at least three CE credits especially since mental health for dental professionals is considered part of personal health.

\*Requiring ACLS training for assistants that assist in conscious sedation. NJDA is suggesting that this is not feasible.

Requiring battery backup for evacuation system.

All Offices must have an AED.

\*Discussion on removing proposal to have all treatment plans signed prior to treatment and also a resigning when treatment plan changes.

I understand that this is a lot of information. Please attend meetings, call the NJDA with any questions and reach out to any one of us that volunteer on your behalf at MDS. **WE NEED MORE HELP AND VOLUNTEERISM.**

Respectfully submitted,

Dr. Lorraine Kosztyu, DMD



**Dr. Lorraine Kosztyu**

## Council on Government and Public Affairs



**Dr. Fred Babinowich**

The state board of dentistry recently published several rule changes regarding the practice of dentistry. These rules are not yet law and the public has 60 days to comment on the changes. The rule changes can be found on the NJDA web site. I have summarized the most important proposed rule changes.

1. The names of individuals who are owners of a dental facility and not the licensees who are responsible for the administration of the facility must be displayed on all external signs.
2. The Board requires that every dental office, facility, dental clinic where there is patient contact must have an Automatic External Defibrillator (AED). The facility or office must also contain a back up battery that operates equipment consisting of at least lighting, suction, and pulse oximeter.
3. Existing requirement for equipment to maintain adult and pediatric airways should include a portable oxygen delivery system, including full face masks and a bag valve mask combination with appropriate connectors capable of delivery positive pressure and oxygen enriched patient ventilation and positive pressure oxygen-this does not mean an Ambu bag.
4. For all patients there must be a sign treatment plan.
5. There must be an up to date medical history which must include any changes and any medications.
6. Rule changes were made regarding dental assistants and dental hygienist.
7. Continuing Education requirements have been changed. The board now requires 3 hours in CPR which meets the American Heart Association certification standards for health care providers. It shall include the use of an automatic external defibrillator (AED) unconscious and conscious choking and rescue breathing. 3 hours of CE on pharmacology and internal medicine and the use of the NJ prescription Monitoring Program (NJMP). 2 hours of CE in preventing and controlling infectious disease and managing personnel health and safety concerns related to infection control in dental settings. 1 hour of CE in professional ethics and NJ law concerning practice of dentistry. 1 hour CE in education programs or topics concerning prescription opioid drugs, including responsible prescribing practices, alternatives to opioids in managing and treating pain, and the risks and signs of opioid abuse. The Board will not accept for CE credit subjects in estate planning, financial or investment/tax planning or personal health.
8. The Board also proposed numerous changes to parenteral conscious sedation, the use of general anesthesia, and enteral sedation.

I would encourage everyone to go to the NJDA website to review the proposed changes and to see how they will effect their practices.

| <b>2019-20 MDS OFFICERS</b>             | <b>Name</b>         | <b>Phone number</b> |
|---|---------------------|---------------------|
| President                               | *Dana DiGerolamo    | 215-822-4042        |
| Past President                          | *Suzanne Reinhardt  | 609-924-1975        |
| Vice President                          | *Chandini Hudson    | 609-588-0606        |
| Secretary                               | *Priti Dagli        | 609-716-7100        |
| Treasurer                               | *Michael Scalia     | 319-594-1599        |
| *Has Executive Board voting rights      |                     |                     |
| <b>NJDA COUNCIL/COMMITTEE POSITIONS</b> |                     |                     |
| Chair, Relief Council                   | Suzanne Reinhardt   | 609-924-1975        |
| Peer Review, Chair for MDS              | David Schor         | 609-896-0589        |
| Dental Benefit Programs                 | Sidney Whitman      | 609-203-1763        |
| Government & Public Affairs             | Fred Babinowich     | 609-802-3699        |
| Membership                              | Janhavi Rane        | 609-529-2258        |
| Judicial Council                        | Janhavi Rane        | 609-529-2258        |
| Annual Session                          | Neal Gittleman      | 908-313-6761        |
| Champion of Action                      | Radwa Saad          | 609-890-1888        |
| NJDA PAC Representative                 | Lorraine Kosztyu    | 609-896-1050        |
| NJDA PAC Representative                 | Leslie Hayling, Jr. | 609-599-2800        |
| <b>NJDA TRUSTEES</b>                    |                     |                     |
| NJDA State Trustee                      | *Lorraine Kosztyu   | 609-896-1050        |
| NJDA Alternate Trustee                  | Janhavi Rane        | 609-529-2258        |
| <b>ADA DELEGATES</b>                    |                     |                     |
| ADA Delegate                            | *Fred Babinowich    | 609-802-3699        |
| ADA Alternate Delegate                  | Kaitlin Small       | 609-896-0529        |
| <b>MDS COMMITTEE CHAIRS</b>             |                     |                     |
| Chair, Program Committee                | Mariya Brown        | 908-243-0500        |
| Chair, Nominations Committee            | Suzanne Reinhardt   | 609-924-1975        |
| Chair, Membership Committee             | Janhavi Rane        | 609-529-2258        |

| <b>2019-20 MDS COMMITTEE CHAIRS</b>   | <b>Name</b>                | <b>Phone number</b> |
|---------------------------------------|----------------------------|---------------------|
| Chair, Budget Committee               | Michael Scalia             | 319-594-1599        |
| Chair, Sponsorship Committee          | Ronald Saffar              | 609-883-3636        |
| Chair, Bylaw Committee                | Open Position              |                     |
|                                       |                            |                     |
| <b>NJDA DELEGATES</b>                 |                            |                     |
| Chairperson, NJDA Delegates           | Open Position              |                     |
|                                       | Sidney Whitman             | 609-203-1763        |
|                                       | Fred Babinowich            | 609-802-3699        |
|                                       | Janhavi Rane               | 609-529-2258        |
|                                       | Tom Morgenstern            | 609-203-4407        |
|                                       | Ronald Saffar              | 609-883-3636        |
|                                       | Lorraine Kosztyu           | 609-896-1050        |
|                                       | Mariya Brown               | 908-243-0500        |
|                                       | Suzanne Reinhardt          | 609-924-1975        |
|                                       |                            |                     |
| <b>NJDA ALTERNATE DELEGATES</b>       |                            |                     |
|                                       | Michael Slomovitz          | 609-883-0801        |
|                                       | Steven Slomovitz           | 609-883-0801        |
|                                       | Fred Weiss                 |                     |
|                                       | Michael Scalia             | 319-594-1599        |
|                                       |                            |                     |
| <b>MEMBERS AT LARGE</b>               |                            |                     |
|                                       | *Sidney Whitman            | 609-203-1763        |
|                                       | *Mariya Brown              | 908-243-0500        |
|                                       | Tom Morgenstern (Advisory) | 609-203-4407        |
|                                       | James Altomare             | 609-921-1020        |
| <b>*Has Exec. Board voting rights</b> |                            |                     |

# Mercer Dental Society members at NJDA Ribbon Cutting ceremony on Jan. 15<sup>th</sup>, 2020



NJDA Ribbon Cutting

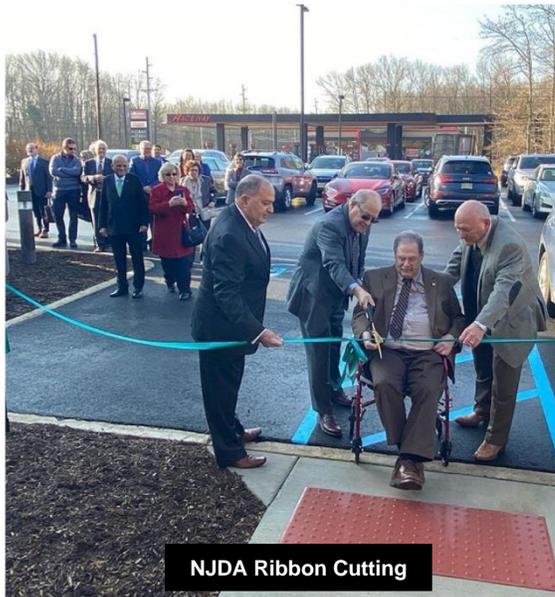
Dr. Gittleman, Dr. Rane, Dr. Kosztyu, Dr. Reinhardt, Dr. Hudson & Dr. Saffar at NJDA Ribbon Cutting



Dr. Hudson with ADA President at NJDA Ribbon Cutting



Dr. Whitman, Dr. Sulla, Dr. Rane at NJDA Ribbon Cutting



NJDA Ribbon Cutting



Dr. Whitman with ADA President at NJDA Ribbon Cutting



150 Years of Service ~ 12 Months to Celebrate